

Weight Loss Program

Nearly 1 in every 2 Australians today is overweight, 1 in 3 is obese. Obesity has overtaken smoking as the leading cause of premature death and illness in Australia.

Obesity pushes your risk of diabetes 60–80 times higher, while your risk of heart disease becomes 3–4 times greater than that of a lean person. There is no doubt that being overweight leads to ill health.

Our Weight Loss Program is a no-hype alternative that can help you lose weight the right way and keep it off for the long term.

The 6 week Weight Loss program will equip you with all the tools and support that you need to lose weight and maintain your goal weight. This program includes weekly support from our Nurse Practitioner to answer all your questions, educate you on weight management and assist you to make changes so you can live a longer and healthier life.

Included in the program is ongoing weight monitoring. We're making it more convenient than ever to stay on track by providing care with no appointment necessary.

What to expect at your visit

1. Your nurse practitioner will enrol you in the program, review your medical and medication history as well as perform an examination if required based on your individual needs, following nationally accepted guidelines for weight loss.
2. A visit summary will be sent to your primary care provider with your consent.



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How much does the program cost and can I get a rebate?

- The Weight Loss Program is _____ for 6 weeks.
- Standard consult fee applies to ongoing post program monitoring.
- Medicare and health insurance rebates apply.

What to know before your visit

- Diagnosis of certain conditions may require further tests. Your Nurse Practitioner will advise you the additional cost for any tests required that are not covered on Medicare.
- Some conditions may require a referral to a GP or Specialists.

What's a Nurse Practitioner?

Nurse Practitioners are highly experienced registered nurses with advanced education and training in the diagnosis, management and prevention of common health conditions. They have the authority to prescribe medication, refer to specialists and order diagnostic tests.

Talk to our Nurse Practitioner today.

Your participating Revive Clinic Pharmacy

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